**Kazakh Guilt situations:**

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| A woman went to Syria with her husband, knowing it was a war zone. Her children grew up in hunger, fear, and constant danger.  Fariza  Guilt 11  **Regret 16**  Fear 6  Sad 5  Anxiety 2  Disappointed 2  Shame 1  Stressed 2  Grief 1  Pity 1  Worried 1  Hopeless 1  Dismay 1  Worthless 1  Miserable 1  Defeated 1  Disheartened 1  Diversity - 17 |
| A young mother had an 11-month-old daughter who fell ill. She attempted to treat her at home, delaying a visit to the doctor, which resulted in her daughter losing her hearing.  Fariza  **Guilt 26**  Regret 19  Sad 3  Remorse 3  Disgust 1  Despair 1  Upset 1  Anger 1  Agony 1  Terrible 1  Diversity - 10 |
| An athlete representing his country at the Olympics lost in the semifinal match, his coach and supporters are now upset.  **Dara**  Frustration - 1  Guilt - 1  Upset/Upsetting - 5  Sad/Sadness - 12  **Disappointed/Disappointment - 21**  Regret - 1  Discouraged - 1  Devastation - 3  Unsuccessful - 1  Despondence - 1  Defeated - 2  Bad - 1  Shame - 4  Embarrassment - 1  Worthlessness - 1  Despair - 1  Overwhelmed - 1  Demotivated - 1  Disheartened - 1  So let's see the most notable Olympic failures that happened through the years: Montreal 1976: Montreal's 1976 Summer Olympics is one of the most cited examples of financial mismanagement. The city faced enormous debts that took nearly 30 years to pay off - 1  Diversity: 19  Analysis: in the English results, there is less dispersion of the emotions the participants named as compared to Kazakh. In Kazakh results, many different emotions were named, and the most named was **Regret (Өкініш).** Surprisingly, Shame was named more than Guilt in Kazakh results although this is a Guilt situation.  In English results, the most named emotion was **Disappointment.** Guilt was named only once, while shame was named 4 times. |
| After work, the man watched football, ignoring household chores, his crying children, and his exhausted wife. Only when she left him, he realized what burden she carried.  **Dara**  **Regret/Regretful - 26**  Sad/Sadness - 7  Guilt - 17  Shame - 4  Appreciative - 1  Failure - 1  Bad - 1  Remorse - 2  Disappointed - 1  Understanding - 1  Miserable - 1  Selfish - 1  Depressed - 1  Relief - 1  Loneliness - 1 |

**English Guilt situations:**

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| A man's partner got sick but he underestimated the medical condition and went to Thanksgiving at his parents. His partner passed away from complications and he missed their final moments.  Saltanat   1. **Guilt / guilty**: **20** 2. **Regret / regretful**): **17** 3. **Sad / sadness**: **12** 4. Grief / Remorse: 6 5. Bad: 1 6. Awful: 1 7. Devastated: 1 8. heartbreak: 1 9. anguish: 1 10. agony: 1 11. Depressed / depression: 2 12. Pain: 1 13. Somber: 1 14. No emotion: 1 15. The emotion the man would likely feel in this situation is guilt and regret. He would likely feel deep guilt for underestimating his partner's condition and for choosing to go to Thanksgiving instead of being there for them during their final moments. The regret would stem from the loss of not only his partner but also the opportunity to be by their side at the end. 16. In this situation, the man would likely experience a complex mix of emotions, including profound grief, overwhelming guilt, and intense regret due to the loss of his partner and the missed opportunity to be with them during their final moments. |
| Emily used the free samples at the makeup store, even though she had no intention of buying anything.  **Dariga**   1. Guilt/guilty - 10 2. Happy/happiness - 7 3. Shame - 4 4. Satisfied/satisfaction - 4 5. Curious - 3 6. Pleased - 3 7. Thrifty/thriftiness - 2 8. Neutral - 2 9. Awkwardness - 2 10. Content - 2 11. Exploratory joy/Explorative - 2 12. Embarassment/Embarassed - 2 13. Fine - 2 14. Funny - 1 15. Ungrateful - 1 16. Savvy - 1 17. Undecided - 1 18. Cool - 1 19. Anxious - 1 20. Sad - 1 21. Frugal - 1 22. Nothing - 1 23. Smug - 1 24. Indifferent - 1 25. Defiant - 1 26. Interest - 1   Emily took advantage of the free makeup samples, even though she didn't plan to make any purchases, showcasing a common behavior of free-sample users - 1  The emotion Emily would likely feel in this situation is guilt or embarrassment. Using the free samples without the intention to buy anything could lead to feelings of discomfort, especially if she feels like she's taking advantage of the store or being dishonest - 1 |
| Woman was babysitting and left a baby sitting upright beside the sink, thinking baby could hold himself up for just two seconds. While woman turned to grab a towel, baby fell and hit his head on the tap, leaving a swollen bruise for days  **Dariga**   1. Guilt/Guilty - 16 2. Regret - 10 3. Remorse/Remorseful - 4 4. Sad/Sadness - 4 5. Shame - 3 6. Sad/Very Sad - 2 7. Fear - 2 8. Shame/Guilt - 1 9. Regretful upset - 1 10. Regret and self-blame - 1 11. Panic - 1 12. Horrified - 1 13. Upset - 1 14. Blame - 1 15. Sickened - 1 16. Sorry - 1 17. Scared - 1 18. Agony - 1 19. Angry -1 20. Miserable - 1 21. Sorrow - 1 22. Unhappy - 1 23. Responsibility - 1 24. Shock - 1 25. Grief - 1   The emotion the woman would likely feel in this situation is guilt and regret. She would feel guilty for leaving the baby in a position where an accident could occur, and deeply regret her decision that led to the baby's injury - 1  The swimming reflex is when babies instinctively move their arms and legs in a swimming or paddling motion when placed face down in water. It usually starts to fade around 4-6 months of age - 1 |
| Lisa had to put down her pet due to medical complications and she decided to acompany her pet to support them emotionally. However, her emotions were very intense during the procedure, which might have disturbed the animal at its final moments.  **Dariga**   1. Sad/Sadness - 20 2. Grief - 10 3. Guilt - 6 4. Regret - 5 5. Depressed - 2 6. Despair - 2 7. Sorrow - 2 8. Disturbed - 1 9. Unwell - 1 10. Heart-broken - 1 11. Sad, distraught - 1 12. Distraught - 1 13. Very weak - 1 14. Worried - 1 15. Upset and Sad - 1 16. Shame - 1 17. Devastated - 1 18. Compassionate - 1 19. Conflicted - 1   The emotion Lisa would likely feel in this situation is guilt and sadness. She is likely grieving the loss of her pet, but also feeling guilty for potentially disturbing her pet during its final moments despite her emotional support - 1  In this situation, Lisa would likely experience a mix of intense emotions, including grief, guilt, and perhaps even a sense of failure, as she grapples with the loss of her pet and the potential negative impact her emotional state might have had on the animal's final moments - 1 |

**Contrast pairs:**

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| Johanna stole money from her friends' wallet and got exposed as a thief.  Abilkhaiyr  Upset - 1  Embarassed/Shame - 19  Guilt - 7  Stressed - 1  Remorse - 1  Angry - 1  Fear - 1  Diversity - 7 | Johanna stole money from her friends' wallet and her friend got blamed for the theft.  Abilkhaiyr  Guilt - 17  Regret - 3  Sneaky - 1  Shame - 2  Bad - 1  Terrible - 1  Relief - 1  Conflicted - 1  Fear - 1  Sad - 2  Smug - 1  Diversity - 11 |
| Kate cheated on a test and was caught, her classmates now know she cheats.  Abilkhaiyr  Shame/Embarrassment - 25  Regret - 1  Loser - 1  Diversity - 3 | Kate cheated on a test and got a better grade than her friend who did the work honestly  Abilkhaiyr  Happy - 7  Guilt - 14  Dishonest - 1  Smitten - 1  Fine - 1  Shame - 2  Smug - 1  Remorse - 1  Calm - 1  Diversity - 9 |

**Kazakh Shame situations:**

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| A woman was sitting barefoot in her house when male guests entered  Saltanat   1. Uncomfortable 2 2. Neutral 3. Calm 2 4. Startled 2 5. Shocked 6. No answer 3 7. **Embarrassed 13** 8. Surprise 4 9. Idk 10. Relaxed 11. Unbothered 12. Ashamed 2 13. Concerned 14. Hesitant 15. Curious 16. Insert 17. Nonplussed 18. Happy 19. Anxiety 20. Indifference 21. Shy 22. Scared 23. Guilty 24. Comfortable 2 25. Nothing 26. Concern 27. Awkwardness 28. Normal/okay/average 3 29. Pleasure 2 30. Contentedness 31. Unsure 32. Exposed 33. Conspicuous 34. The emotion the woman might feel in this situation is embarrassment. Sitting barefoot when male guests enter could make her feel self-conscious, especially if she perceives the situation as socially awkward or immodest. 35. When a girl touches your leg with her leg, it's often a sign of interest and a way of increasing intimacy. This kind of touch is usually deliberate and can indicate that she is comfortable with you and wants to create a closer connection.   35 different types of responses  groups: |
| A friend sent Tom a very unfunny joke on messenger, and Tom did not answer  Anel  Annoyance - 16  Embarrassment - 6  Sad - 4  Unamused - 4  Anger - 3  Indifference - 3  Anxiety - 3  No answer - 2  Awkwardness - 2  Discomfort - 2  Bored - 2  PISSED - 1  Upset - 1  secondhand embarrassment - 1  Unenthused - 1  Nonchalant - 1  Unbothered - 1  Unimpressed - 1  Blase - 1  Guilt - 1  The emotion Tom might feel in this situation is annoyance or possibly disinterest. Receiving an unfunny joke from a friend that he chooses not to respond to could lead to mild frustration or a sense of indifference, depending on how much he cares about the interaction. - 1  Dissappointed - 1  Terrible - 1  Contempt - 1  Ignored - 1  In this scenario, Tom might feel disappointment, mild annoyance, or perhaps even a sense of awkwardness or indifference towards his friend's joke, depending on their relationship and Tom's personality. - 1  Shame - 1  Random letters - 1  Diversity - 28 |
| A healthy man used the accessible stall because all other stalls in the mall restroom were occupied. As he was leaving, he saw a line and began to limp.  Aiya  Embarassed-17  Embarassed and guilt-3  Guilty-13  Shame-11  Random letters-2  Conflicted.-1  Drama-1  Uncomfortable-1  Fear-1  Humiliated-1  Ridiculous-1  Deception-1  Anxious-1  Loser-1  Sympathy-1  Sad-1  Annoyed-1  Selfish-1  Awkwardness-1  Unhappy-1  frustration-1 |
| A boy complains, saying, 'We don't have anything now,' but his grandfather tells him that during the Great Depression, people stood in breadlines just to survive.'  Abilkhaiyr   1. Shame - 11 2. Guilt - 6 3. Sad - 7 4. Happy - 1 5. Inquisitive - 1 6. Annoyed - 4 7. Sorry - 1 8. Grateful - 4 9. Awe - 1 10. Sympathetic - 2 11. Humbled - 3 12. Introspective - 1 13. Bad - 1 14. Helpless - 1 15. Empathetic - 2 16. Hope - 1 17. Surprised - 1 18. Disinterest - 1 19. Concern - 1 20. Thankful - 1 21. Selfish - 1 22. Confused - 1 23. Misunderstood - 1 24. Weird - 1 25. Understanding - 1 26. Disbelief - 1 27. Diversity - 26 |

**English Shame emotions:**

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| Jenna was trying her best to stay composed, but pushed past her capacity, she broke down, crying uncontrollably.  Amina   1. Vulnerable - 2 2. Despair - 1 3. Sad - 18 4. Overwhelmed - 12 5. Anxious - 5 6. Emotional - 1 7. Defeat - 1 8. Embarrassment - 4 9. Exhausted - 3 10. Anguish - 1 11. Upset - 2 12. Weak - 1 13. Broken - 2 14. Unhappy - 1 15. Stress - 2 16. Panicky - 1 17. Distraught - 1 18. Angry - 1 19. Frustration - 1 |
| A 30-year-old Alex recently broke up with her partner and quit her job without another offer lined up. Additionally, she gained weight while recovering from a prior injury.  Amina   1. **Depressed** - 19 2. Uncertainty - 2 3. Lost - 2 4. Hopeless - 3 5. Sad - 8 6. Gloomy - 1 7. Overwhelmed - 1 8. Guilt - 2 9. Anxiety - 3 10. Regret - 1 11. Remorse - 1 12. Pondering - 1 13. Low self-esteem - 1 14. Insecure - 1 15. Self-doubt - 1 16. Failure - 2 17. Frustration - 1 18. Confusion - 1 19. Dejected - 1 20. Downtrodden - 1 21. Down - 1 22. Shame - 2 23. Panic - 1 24. Loneliness - 2 25. Despair - 1 |
| John hates being late and get frustrated when others stall. After yelling at his family for taking too long, he arrives at a surprise party for him—his wife had been delaying on purpose.  Amina   1. **Guilt - 12** 2. **Shame/ashamed - 6** 3. **Embarrassment - 1**1 4. Regret - 2 5. Remorse - 1 6. Happy - 5 7. Joy - 1 8. Appreciated - 1 9. **Surprise/surprised - 5** 10. Excitement - 1 11. Gratitude - 1 12. Apologetic - 2 13. Misunderstood - 1 14. Angry - 3 15. Frustration - 1 16. Stupid - 2 17. Foolish - 1 18. Dumb - 1 19. Upset - 1 20. Betrayed - 1 21. Anxious - 2 |
| A man remembered how, in 8th grade, he tricked a mentally disabled girl into paying him $10 a day to 'date' her, avoided her, denied it to others, and after eight days left her in tears—spending the $80 on fast food and games.  **Dara**   1. Shame/ashamed - 23 2. Horrible - 1 3. Sad - 1 4. Regret/regretful - 9 5. Guilt/guilty - 13 6. Uncaring/Indifferent - 2 7. Evil - 1 8. Remorse/remorseful - 2 9. Pleased - 1 10. Disgust - 2 11. Disappointed - 1 12. Upset - 1 13. Embarrassed/Embarrassment - 2 14. Happy - 1 15. Fear - 1 |